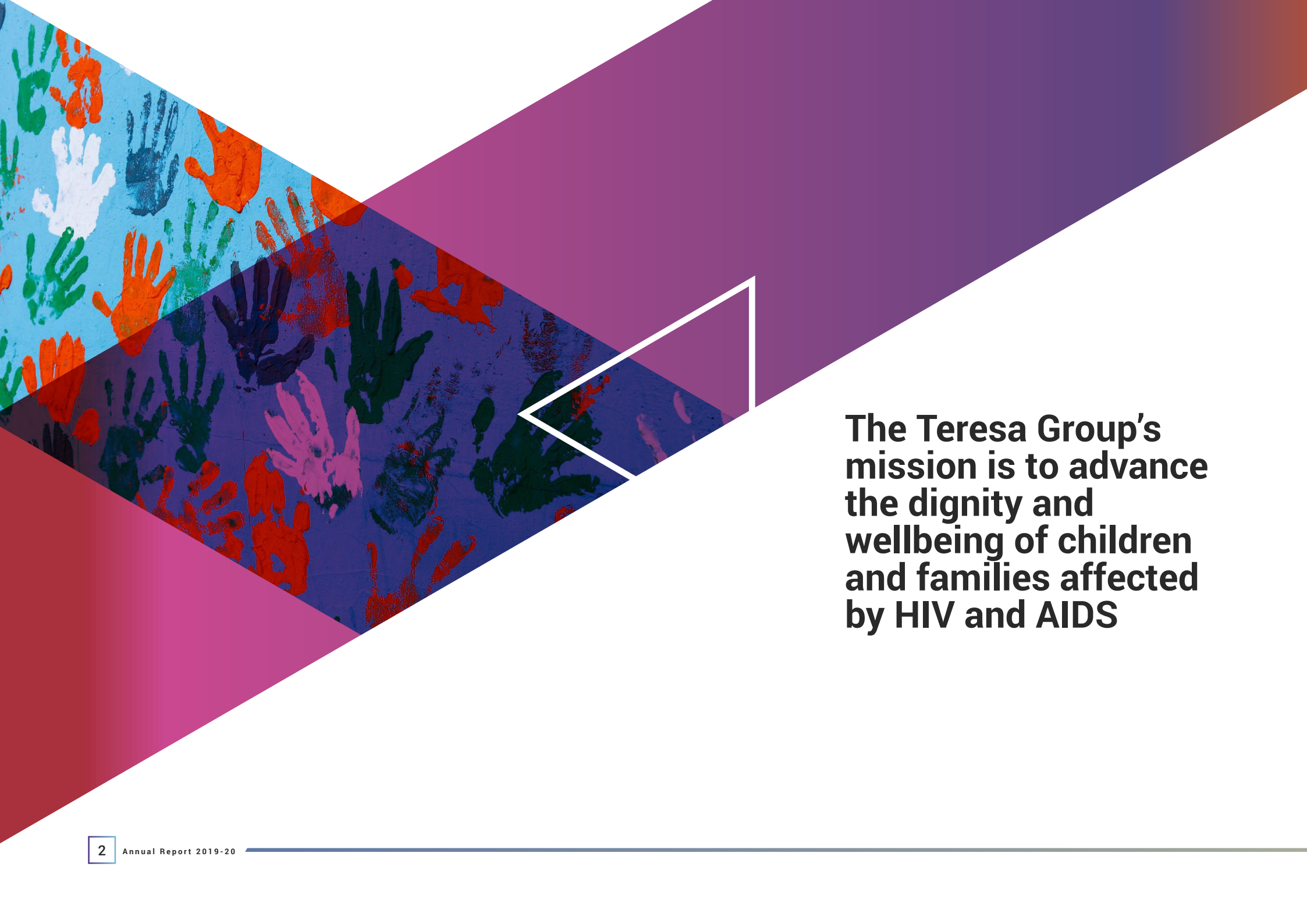




ANNUAL REPORT



2019-20



The Teresa Group's mission is to advance the dignity and wellbeing of children and families affected by HIV and AIDS

› Message from Board Chair

2019/20 has seen tremendous change for the Teresa Group.

From new leadership, to the COVID-19 outbreak to calls for more diversity and inclusion in all sectors.

When the COVID-19 outbreak happened, we were amid onboarding out new Executive Director, planning for our Spring fundraiser (The Mane Event) and looking forward to our 30th Anniversary. All of that came to a sudden stop and we took a moment to evaluate our organization.

Much of our focus this past spring has been navigating the evolving COVID-19 outbreak. Our staff quickly went to work on connecting with our

clients to ensure their needs were still being met and to let them know we were still there for them.

Our new Executive Director Chilombo Olawoye formed partnerships with PWA to ensure clients had access to diapers and other needs as part of the PWA's market. She also reconfirmed our partnership with the Coalition for Children Affected by AIDS and she went to work undertaking a program review of our organization.

2019 also saw several staffing changes and as a result we paused the development of our Strategic Plan. Going into the fall we will be picking that back up in consultation with our new ED and staff.

At the board level we welcomed four new members that bring with them a passion, experience drive for success. The board is currently looking forward to

helping the organization and the ED navigate the global pandemic with a focus on our clients, our staff and our community.

All this while we are celebrating our 30th Anniversary. This is a tremendous milestone for an organization and I'm proud to be part of it.

I've been connected to the Teresa Group since the early 2000s and I've seen it grow and evolve but never lose focus. It's an organization that prides itself on its relationships with our clients, our funders and the community at large and moving forward we plan to continue creating those relationships.

Thank you,
Marcel Watier
Board Chair

› Message from The Executive Director

This year marks Teresa Group's 30th anniversary, 30 years of serving children and families affected by HIV and AIDS. What a call and what a vision! I'm honored to be a part of the work that we have done not only in the past year but also in the past 30 years.

This year has been especially critical in marking the beginning of new leadership and revisioning of the years ahead. In 2019-2020 the programming became focused on clients within Toronto, due to the increased demand on the services to ensure the

community was receiving better support that was client centered and thorough. Our formula program continues to grow across Ontario with over 100 children enrolled in formula program

As we move forward into 2020, the current pandemic has brought about some added challenges and opportunities. We are reimagining the way we deliver services, ensuring that the people, who need support continue to receive it. I have seen staff figure out alternative ways to engage the community and ensure adequate supports are provided. We have a team of

dedicated staff and volunteers who are eager to continue the great work that was started 30 years ago. We look different and may feel different, but we are here to for the same mission- Advancing the dignity and well-being of Children and Families affected by HIV and AIDS.

I would like to thank the staff and volunteers for all their work during this past year and I look forward to working with you.

Thank you,
Chilombo Olawoye
Executive Director

› Our Programs



As we move forward into 2020, the current pandemic has brought about some added challenges and opportunities.

COUNSELLING SERVICES

Individual, couple and family counselling is offered by registered social workers to support children and families. An in-depth intake process assesses the needs of the family and is the first step towards providing practical and emotional supports and referrals. Issues include poverty, immigration/refugee experiences and processes, cultural issues settling in Canada – including children in the school system, parenting and behavior management, trauma, violence and its impact on the family, HIV stigma and disclosure.

FAMILY SUPPORT PROGRAM

This program provides a broad range of practical supports to children and families to help alleviate the impact of poverty. The program includes the provision of grocery vouchers, emergency food supplies, transit tokens, diapers for children aged 0-3 years, clothing (both new and used) and emergency financial support. Other aspects of this program include a new diaper bag filled with newborn supplies at the time of birth, warm hats and mitts for children when the weather gets cold, new backpacks filled with supplies at the start of each school year.

FORMULA PROGRAM

This program helps reduce transmission of HIV through breastmilk. Funded by the Ontario Ministry of Health and Long Term Care through the AIDS Bureau, The Teresa Group administers the distribution of infant formula to babies born to HIV+ moms throughout Ontario.

**Over 650 families served
across all programs.**

**177 infants in Ontario in
formula program.**

MOMS GROUP

Twice a month, moms with babies up to a year old met together in a facilitated support group. Each meeting focused on different aspects of life with a new baby – e.g. adjusting to life with HIV, baby massage, HIV stigma, why babies cry and how to cope, attachment and bonding, discovering your personal values and how they impact on parenting, how culture and parenting connect. The activities were designed to engage, teach and stimulate as new moms get to know one another in their first year. The group also brings new moms living with HIV together in a safe space to form friendships and support networks.

PARENTS CLUB

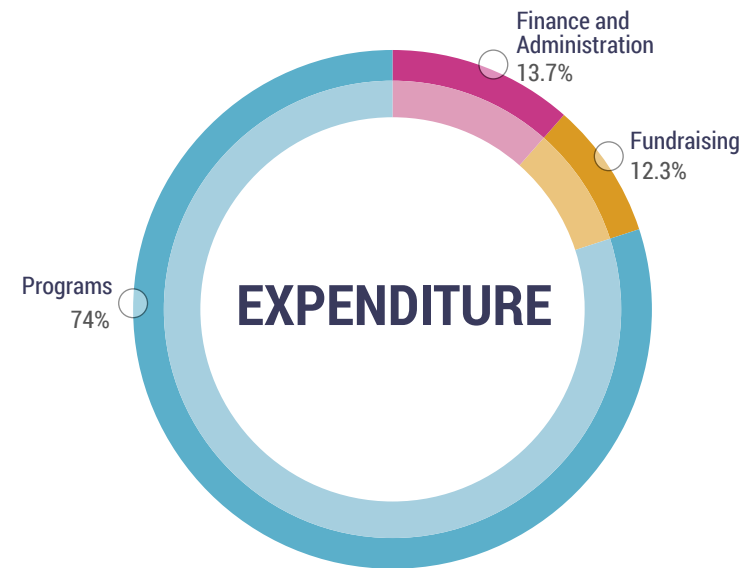
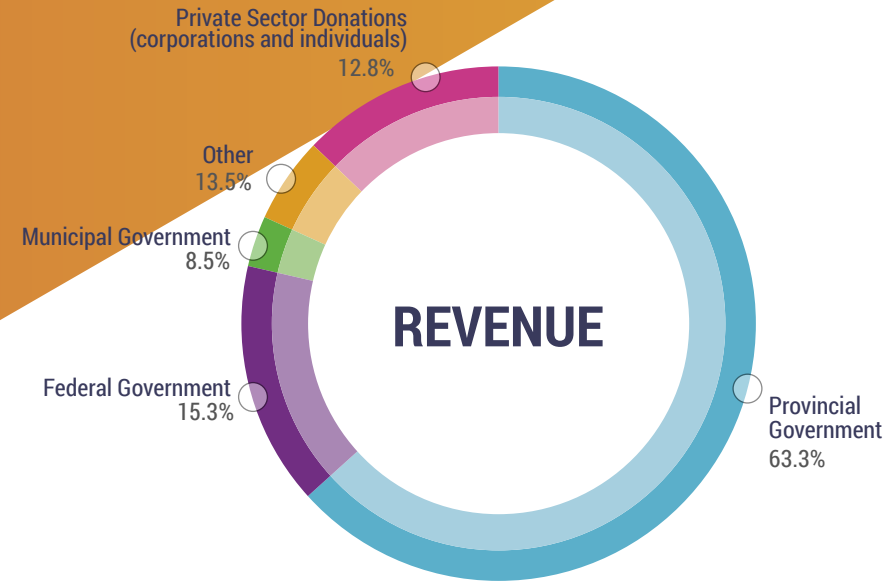
This monthly group offers a place for parents of children of all ages to meet and share the joys and trials of parenting, learn about stages of child development and age appropriate behavior management (always a popular topic). The most popular themes included: understanding the impact of positive and negative emotions and how to re-frame everyday interactions with positivity; behavior management in the context of stages of child development and how children communicate through behavior; sharing experiences of HIV-related stigma and the management of associated feelings and how to support children in such context.

LEADING THE WAY

This activity-based psychosocial program for children aged 6-18 runs twice a year for nine weeks in the spring and in the fall. It aims to enhance their sense of self and their ability to cope and problem solve. "Leading the Way" is an award-winning intervention that was developed as a response to research showing that children affected by HIV and AIDS were far more likely to experience anxiety and depression.

SUMMER CAMP

For one week in the summer, children aged 9-18 attend a residential summer camp near Dorset, Ontario. Run in partnership with Moorelands Camp, the program aims to help children and youth build life skills that will help them to live self-sufficient, independent and productive lives as well as develop important social support networks and, most importantly to have fun! Activities include swimming, canoeing, archery, high and low ropes courses, sports, arts and crafts and wilderness hiking.



› Board Members

Marcel Watier (Board Chair)

Emily Carson (Vice-chair)

Blythe Winters (Director)

Muluba Habanyama (Director)

Kevin Landry (Director)

Dale Maitland (Director)

Sarah Khan (Director)

Daniel Chou (Treasurer)

Andre Smith (Director)

Steve Shapcott (Director)

Sandra Torres (Secretary)

› Staff

Nicci Stein (Previous - Executive Director)

Chilombo Olawoye (Current - Executive Director)

Ron McGee (Office Manager)

Kelly Armstrong (Development Officer)

Vanessa D'Souza (Family Support Coordinator)

Josianne Manzoangani (Peer Program Coordinator)

Melody Lotfi (Family Support Coordinator)

Aimana Mohamed (Family Support Coordinator)

Shai Rowan (Family Support Coordinator)

› Thank you to our donors and supporters!

GOVERNMENT

Public Health Agency of Canada

Human Resources and Skills Development Canada -
Canada Summer Jobs

AIDS Bureau, Ontario Ministry of Health and Long-
Term Care

City of Toronto Community Services Partnership

CORPORATIONS *In Kind

BioSteel*

Book City*

Clarins Canada

David's Tea *

GAP Canada

HotDocs*

Jeffrey Stolberg Design Inc

L'Oreal Canada*

Maison Shelby*

Mildred's Temple Kitchen*

Quality Jewellers*

Redken Canada*

Shopsy's Catering*

Sobey's*

Swansea Village Pharmasave*

ViiV Healthcare

Warner Bros*

FOUNDATIONS

Air Canada Foundation*
Alice and Murray Maitland Foundation
CHUM Christmas Wish
J.P. Bickell Foundation
MAC AIDS Fund
MacKenzie Financial Foundation
Philip and Linda Armstrong Foundation
William Rathbone Family Charitable Trust

INDIVIDUALS - ^ Monthly donors

Adam Armstrong
Adam Chisholm
Adonica & Atiba Huggins
Alan Paterson
Aleisha Stevens
Alex Brown
Ali Mirsky
Alison Symington
Allan Friedman
Alys & Alex Hodgson
Amanda Hostrawser
Ameek Kaur
Amy Ohler
Amy Stein
Andrew Hotke
Andris Pone
Anne Bacani Tse
Annie Maik
April Hodgins

Arun Dixit
Arvind Sookwah
Bano Noor
Barbara Georgacopoulos
Barbara Sniderman
Barry Smith
Beverley Harrison
Bill O'Leary
Blythe Winters^
Bob Kemp
Brian Lester
Carmel Dooley
Caroline Cameron
Chelsea McDonald
Chris Ambidge^
Chris Rutsey
Christine Mainville
Clair Donnison
Colleen Gairy
Connie Wiseman
Crawhall-Cullins-Duk Family
Dale Maitland
Dan Zaroski
Dana Warren
Darcy Higgins
Dave Charbonneau
David Gale
David Keeling
David Harris
David Kenyon

David Ksiazkiewicz^
Deborah Calderwood
Derek Tse
Diane Flacks
Dianne Stevens
Donna Henrikson
Dylan Menezes
Eddie & Doris Thom
Edward McDonnell
Eithne Heffernan
Emma Lewzey
Fahim Ahmed
Francine Clavet
Fraser Macdonald
Fyeza Hasan
G Scott Paterson
Gillian Bone
Graham Watts
Gregory Belsky
Hassan and Assya Mir
Heather Childs
Howard & Sandra Okada
Jaelyn and Riley Stevens
James Hunter
James T. Anderson
Jane Wilcox
Janet Sumner
Jason Brophy^
Jenn Bridge
Jenny Casarella

Jillian Arrubio
Joanna and Ellen Kerr
JoAnne Azzarello
Joe & Mary
John Hart*
John Maxwell
John McMahon
Joseph Poirier
Joyce Henry
Judy Phillips
Judy Steed
Julianne Kelloway
June Neilson
Karen Grimshaw
Karen Leslie
Karim Rizkallah
Kathe Rogers^
Katherine Meyer
Kathy Glazier
Katie Barford
Katy Harding
Kelly & Daniel Flacks
Kelly Armstrong
Kelly Kilpatrick
Kerry Watters
Kevin Gallagher
Kim Harrison
Kimberly Dickey
Larry Lavack
Laurie Edmiston

Leah Steele
Lee Colucci
Linda Armstrong
Lorna Bolton
Lynda Briant
Lynn Glazier
Marcel Watier^
Mark Conacher^
Mark Eagles
Mark Haslam
Mark Hubner
Micaela Crowley
Michael Royce
Michelle Jalsevac
Mohamad Alshurafa
Mr. and Mrs. Phillip Broome^
Nicci Stein
Nickza Dalas^
Nikki Robinson
Pamela Crawhall
Pamela Durrant
Pat McNamara
Patrice Goldberg
Paul Gauthier
Peggy Lee
Peter Briant
Peter Goodwin
Philip Armstrong^
Rachel Segal
Ralph Melo

Richard Machacek
Rida Khan
Robin Riviere
Ron McGee
Ron Rosenes
Ross Fair
Ruby Fanning
Samantha Rogers
Samuel Wankowski^
San Patten
Sara Chalmers
Sarah Ivany
Sarah Lane
Sarah Rang
Scott Stevens
Shani Blankrot
Shauna Van Sickle
Shelly Maerov
Sonia Sengupta
Stephen Shapcott
Steve Roy
Sue Folinsbee
Susan Schouela
Tammy McCarron
Thomas Watson
Tina Ivany
Tommie-Amber Pirie
Trynelle Thomas
Vanessa Peruzzo
Vanessa Somarriba

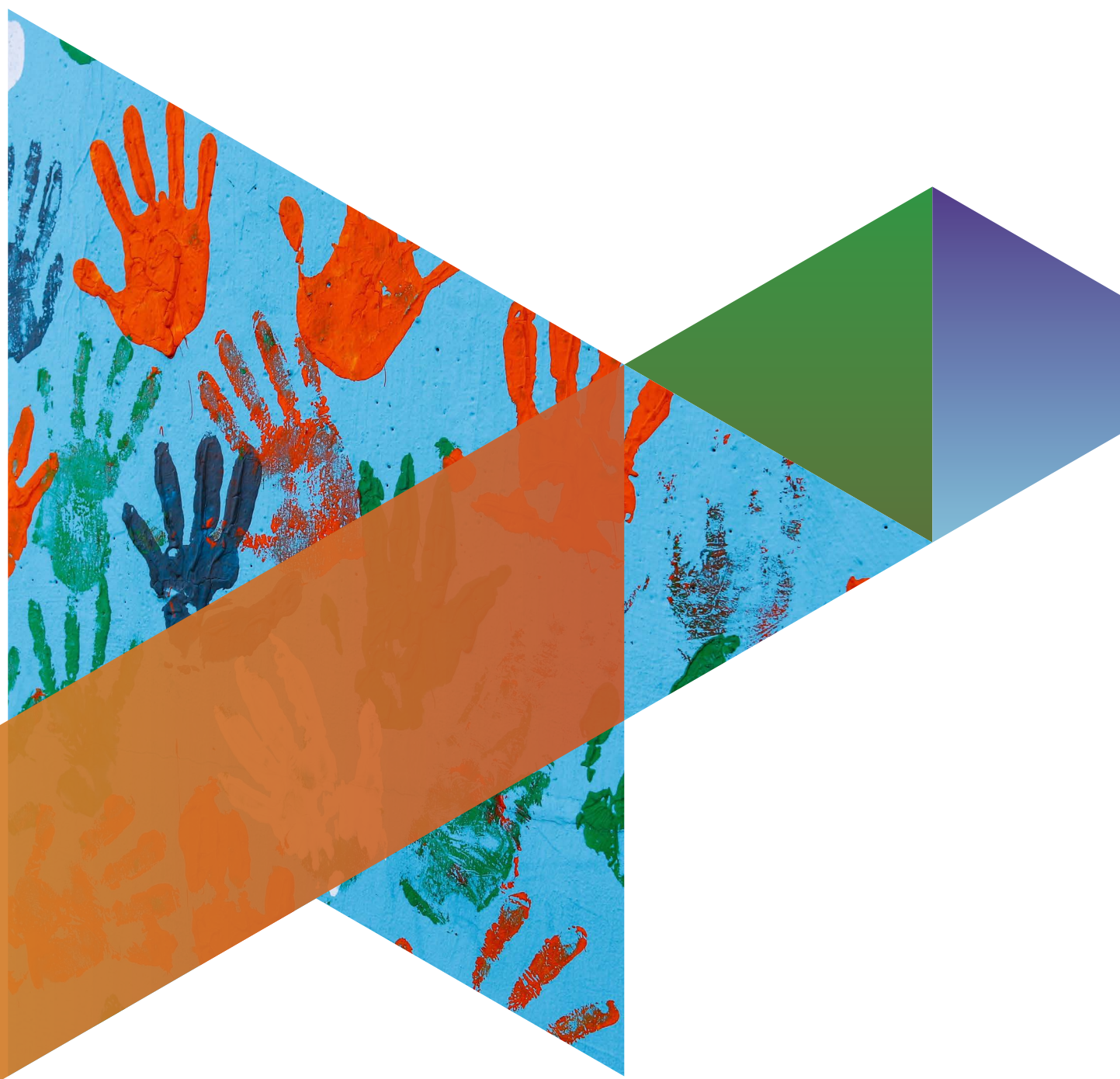
Vanita Goela
Veronique Destrube
Voula Halliday*
Wendy Fraser
Zohaib Kahn

OTHER

Greenwood School *
Manor Road United Church
North Toronto Moms Group *
Pillage in the Village *
Spearhead Leather/Denim Social Club *
Sunnybrook School *
Toronto Prep School *
Unifor Local 414 *

COALITION FOR CHILDREN AFFECTED BY AIDS

Aidsfonds, Netherlands
Catholic Relief Services, USA
Elizabeth Glaser Pediatric AIDS Foundation, USA
Firelight Foundation, USA
Mothers2mothers
Paediatric AIDS Treatment for Africa
Frontline AIDS
ViiV Healthcare, Positive Action, UK





The
**Teresa
Group**

