

2023



The
Teresa
Group

Hearing the Voices of Children

October 2022 to June 2023

InTouch



Rajesh Pisharody
Executive Director

As we approach a bright and warm summer, I find myself thankful for these first 10 months serving as the Executive Director of the Teresa Group. Whether it has been addressing some challenges or collaborating and creating new partnerships with the Board of Directors, staff, government representatives, partner organizations, donors and supporters, I am truly fortunate to be in the midst of such empathetic and knowledgeable leaders and highly resilient members of communities we serve at the Teresa Group.

I am encouraged at the prospects 2023 continues to bring to our organization and the communities we serve. That includes all the programs we have lined up for children and their families affected by HIV/AIDS for this year. Nevertheless, as we are taking some time this summer to reflect on our individual lives, I take this moment to welcome all of you and to encourage you all to actively engage with us more as we celebrate family. Let us join together and use this summer to celebrate and recharge. Have a fantastic summer!

Land Acknowledgment

With humility and respect, we acknowledge that the Teresa Group is situated on the traditional territories of the Mississaugas of the Credit First Nation, the Haudenosaunee, Six Nations, and the Huron-Wendat and home to many diverse First Nations, Métis, and Inuit People from across Turtle Island. We also acknowledge that Toronto is covered by Treaty 13 signed with the Mississaugas of the Credit, and the Williams Treaties signed with multiple Mississaugas and Chippewa bands. We are very grateful to have the opportunity to work on this land.



Camp Mandala is back!

Camp Mandala, organized by TTG, is an overnight camp that will take place this year in **Mooreland Camp, Dorset, ON from August 14 to August 18**.

This camp provides a secure and friendly environment for children and youth aged 9-17 years, offering them the chance to develop their life skills, leadership qualities, and self-esteem.

Camp Mandala promises to be a lot of fun for the campers! They get to bond with new friends, share their life experiences, and create memories that will last a lifetime!

Camp Mandala's registration will begin on July 24. You can visit our website or get in touch with **Silvana Fuentes** at sfuentes@teresagroup.ca, 416-596-7703, extension 320, for more information.

Hearing the Voices of Children

Programs Up and Running

Clarins Scholarship

We are delighted to announce that the Teresa Group's Clarins Scholarship 2023 application is now available.

The program is funded through a generous donation from Clarins Canada. After submitting the application, the applicant will undergo an interview and selection process.

Check our website for more information or call us at 416-596-7703



Back to School Program

Every year, the Back to School Program generously offers new backpacks filled with school supplies to students in kindergarten through grade 12. This year, the registration process will be opening in July. Check our website for more information or call us at 416-596-7703

Hearing the Voices of Children

Programs Up and Running

Diaper Program

*ONLY FOR CLIENTS LIVING WITHIN THE M POSTAL CODE

BABY DIAPERS ARE AVAILABLE FOR INFANTS AGED 0-2 YEARS OLD ON A MONTHLY BASIS.

SIZES INCLUDE PREMATURE TO SIZE 6



- 📅 pickup on Mondays, Tuesdays, or Thursdays by **appointment only**
- 🕒 10 am - 3 pm
- 📍 355 Church Street (floor 2)
Toronto, Ontario
M5B 0B2

For more information please contact:
Gloria McEyeson (gmceyeson@teresagroup.ca)
Silvana Fuentes (sfuentes@teresagroup.ca)



Get Ready For Winter PROGRAM



WE OFFER NEW CLOTHES, AND ACCESSORIES, INCLUDING WARM CLOTHING IN THE WINTER MONTHS, AS WELL AS A LIMITED NUMBER OF CHILDCARE ITEMS.



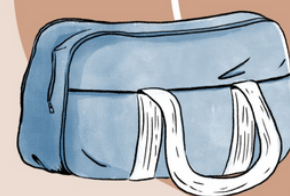
Hearing the Voices of Children

Infant Formula Program

We are delighted to inform you that the Infant Formula Program has been running consistently throughout this year. This program helps eliminate the risk of HIV transmission through breast milk from mother to child. We offer access to free infant formula for a year to all HIV+ new mothers in Ontario. The program is funded through the Ontario Ministry of Health and Long-Term Care. For more information please contact **Gloria McEyeson** at 416-596-7703 ext 314 or at gmceyeson@teresagroup.ca



Programs Up and Running



Welcome Home Baby Bag



New mothers have access to the Welcome Home Baby Bag Program. This Baby Bag is filled with baby clothes, a blanket, accessories, and feeding bottles for new babies while in the hospital or at home. For donations contact **Silvana Fuentes** at 416-596-7703 ext 320, or at sfuentes@teresagroup.ca




Hearing the Voices of Children



Support Groups

Upcoming Programs



NEW MOM'S & TODDLERS GROUP

New Mom's Group provides a safe place for moms to connect with others who have a baby and who also live with HIV. The activities are designed to engage, teach and stimulate as new moms and their babies get to know one another in their first year together. Many topics are covered including nutrition and age and stage of development, and there is always time for songs and stories. This support group helps reduce the isolation many new mothers experience.

For more information please contact:
Silvana Fuentes (sfuentes@teresagroup.ca)



The Family Support Groups are back in Fall 2023, check our website for more information.

Hearing the Voices of Children

Upcoming Programs

FATHER'S GROUP

Father's Group provides a safe place for dads to connect with others who have children and who also live with HIV. The activities are designed to engage, teach and stimulate dads and their kids to get to know one another. Many topics are covered including parenting, self-care, and child development. This group helps reduce the isolation many fathers experience while raising a family.



PARENT'S CLUB

A place for parents to find comfort in the knowledge that there are others who understand what they are going through, particularly how living with HIV can add to the challenge of raising children. The groups are a place to learn new parenting techniques from the facilitators and from one another, to share experiences and most importantly to feel supported.

Support Groups

FOR MORE INFORMATION PLEASE CONTACT:
Gloria McEyeson (gmceyeson@teresagroup.ca)



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Hearing the Voices of Children

Holiday Celebration - December 2022



Our 2022 Holiday Programs were successful!
We are incredibly grateful to **Speardhead, Toronto PrepSchool, Delivering Good & Patagonia** who helped us to support families celebrate the Holiday Season.



Holiday Children Gift Toys



Holiday Youth Gift Card

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Holiday Celebration - December 2022



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Winter Clothing



Holiday Food Hamper



Hearing the Voices of Children

**Sept
07**

Annual General Meeting

Thursday, September 07, 2023, at
355 Church Street, 2nd Floor,
Toronto, ON. Canada, M5B 0B2

From 6.00 to 8.30 pm.

Visit our website for registration.



Volunteers

For further information about volunteering with
The Teresa Group please visit our website
www.teresagroup.ca or contact us at
T: 416-596-7703
E: info@teresagroup.ca



The
**Teresa
Group**

Teresa Group works to advance the dignity and well-being of children and families affected by HIV and AIDS.

Hearing the Voices of Children

Partnerships



Join us at the Commons where we build community, make connections, and provide a wide variety of supports. We are more than a neighbourhood hub as we represent a citywide suite of organizations collaborating on service provision and committed to fostering a diverse, equitable and inclusive culture. Join us at the Commons. You belong here.



The POWER Project

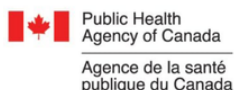
The Positive Women's Empowerment & Resilience Project formerly known as "Circle of Care" is a collaboration agreement between five organizations. This Agreement outlines the objectives, organizational commitments, and structures of oversight and operational decision-making of the five Partners. These five partners include The Black Coalition for AIDS Prevention ("Black CAP"), Toronto People with AIDS Foundation PWA, The Teresa Group, Prisoners with HIV/AIDS Support Action Network (PASAN), and the AIDS Committee of Toronto (ACT).



In partnership with SickKids Hospital The Teresa Group runs psycho-educational groups to help children at different ages come to terms with and understand their HIV diagnoses, help them form peer support, and assist with issues related to transitioning to adult care as they reach the age of 18.

In collaboration with the Children's Hospital of Eastern Ontario (CHEO), the Teresa Group administer the distribution of Infant Formula to HIV positives mothers in Ottawa.

Government Collaborations



Community Partnerships



Ontario Organizational Development Program



Teresa Group

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